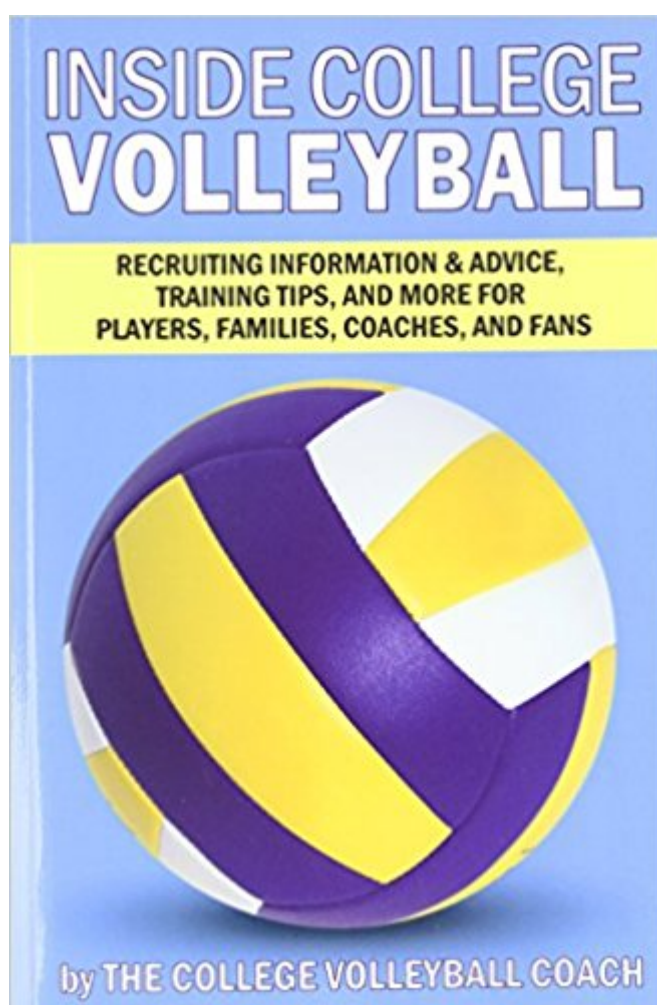


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# Inside College Volleyball: Recruiting Information & Advice, Training Tips, And More For Players, Families, Coaches, And Fans



## Synopsis

Authored by an experienced college coach, *Inside College Volleyball* is packed with information for volleyball players looking to take their game to the next level by playing in college. It provides a specific set of plans and loads of recommendations and advice for the whole college recruiting process, from high school freshman year (and before) right through senior year (and beyond). The Coach shares a behind-the-scenes view of the recruiting process in terms of what coaches are looking for and how they operate. No matter what level of college play you're contemplating, from Division III and Junior College right up through upper level Division I, *Inside College Volleyball* will help you prepare for and manage the recruiting process, as well as provide insights into what it will actually be like once you get to college. Confused by all the NCAA recruiting regulations? Find simple explanation of the rules which will impact you along the way so you'll know what is allowed and what is restricted at any point in time. Worried about making commitments? Coach will let you know the timeline college volleyball coaches are on with the recruiting calendar and what it means for you so you can pace the decision-making process properly. Unsure of how to best manage the college volleyball recruiting process? Get a specific set of plans for freshman, sophomore, junior, and senior high school years so you can plan a course and navigate the recruiting process confidently. Looking for guidance on managing communication with college volleyball coaches? Find advice and recommendations on things like preparing your skills video, how often you should be in touch, and how to handle discussions like scholarship availability so your communication strategy is effective and efficient throughout the process. Wondering how best to handle the attention of college volleyball coaches at tournaments? Coach offers several suggestions to help you put your best foot forward to make things less stressful. Starting to look at schools? The book provides time lines for when to do college visits, advice about what to expect, and recommendations on what to look out for while you're on campus. Curious about the different levels of college volleyball? Get discussions of not just the Division I recruiting process, but also of Division II and III, plus NAIA and Junior College Volleyball. There's loads more. The book features answers to a number of common player and parent questions about things like signing periods, camps, Men's Volleyball, walking-on, and more. If you have a question about college recruiting, it's probably answered in the book and if not, you'll find out how to get the answer. Coaches and club directors should read this book too. It will help them guide those in their program in the best possible way. Actually, the book even includes specific advice for them! And *Inside College Volleyball* doesn't stop there. While recruiting is definitely the biggest focus, the book also talks about

training, playing, and coaching. There's lots of behind the scenes type information about how things really work in college volleyball. The Coach gives you the inside scoop on a number of different topics, from rules to equipment to athletic department politics to coaching employment, making the book not just a resource for prospective college volleyball players and their parents, but to anyone interested in collegiate volleyball.

## **Book Information**

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## **Customer Reviews**

The author is a former NCAA Division I Women's Volleyball coach with over 15 years experience, including power conference and mid-major programs from coast to coast. As a player, Coach was an National Championship winner and All-American honoree, a member of the USA National Team, as well as a professional in Europe and on the beach.

Do you have a teenage daughter, who lives, breathes, eats, sleeps, etc. volleyball? One who plays at the high school varsity level, plays club volleyball and who travels to skill camps to improve her game? Buy this book! Do you have a volleyball-obsessed daughter nearing the end of her high school volleyball career, showing enough talent, drive, athleticism and willingness to work hard to succeed, and who has expressed an interest in playing the sport at the college level? And you've scratched your head, wondering, how do I go about seeking a volleyball scholarship? Buy this book! "The College Volleyball Coach" (yes, he/she remains anonymous) covers a wide range of details and information in explaining how to translate those "wishes" into an actual, honest-to-goodness offer from a college or university (from Division I to NAIA and junior colleges) for you daughter to become a true student-athlete. The recruiting calendar is very valuable, showing

you just where you and your daughter should be in the recruiting process during each year of high school. The author shows you what you should be including in your contacts with colleges. And the advice offered throughout this book is also valuable; some of the advice may be nothing more than common sense, but placed in the context of seeking a scholarship it's priceless. Listen to this: "there is always a spot open [on college volleyball teams] for good passers, whether it be as a back-row sub or all around player." "Stars" who can bring a massive kill are no more valuable than someone on the back row who can put a pass accurately on the head of a setter. This and other "no brainer" advice appear throughout this book and may cause you to rethink how you view your daughter's skills and talents when "presenting" her to college coaches. Buy this book! It could use with some judicious editing and organization, but the information contained within is nonetheless priceless.

My daughter is entering the entire world of volleyball, competition, club, etc. I loved this book because it demystified a lot of what all the parents around me are talking about in terms of strategies for getting scholarships. It confirmed my suspicion that 90% of what I hear is not true. My husband who has been active in the entire scene for 45 years disagreed with some of the strong opinions in this book, but found most of it he agreed with and were consistent with his experiences and observations. The writer is not a fan of beach, unfortunately. It is most definitely a different sport than indoor. It is hard to find good advice in this arena since there are so many biases for and against the sport.

I've been a longtime reader of the authors blog at [...] and picked up the kindle version of the book the day it was released. It's an absolutely must-have for any parent who has a kid that hopes to play volleyball in college. From a parent's perspective, the author's recruiting calendar is a fabulous resource and very helpful to keep things in perspective so you can help your child move the process along at an appropriate pace while still allowing her/him to do what's most important - enjoy the ride and continue to love the sport!

As an avid reader of Coach's blog I anxiously waited for the release of this book. It is a must have for parents, players, coaches and Club Directors who are navigating the college recruiting process. Not only does it provide practical advice in putting together a year by year recruiting plan - it keeps parents grounded by reminding them volleyball first and foremost should be fun. If your daughter is interested in playing college volleyball - buy this book.

Wow- great book and information. A must read for new volleyball families like ours. I'm sure it will be of benefit for anyone involved in the sport of volleyball.

Very good insight into the college volleyball recruiting process. Includes checklists for grades 9-12 for those desiring to play beyond high school. As a club and high school coach, will probably be an invaluable tool to help guide Prospective Student Athletes.

This book is a critical tool for anyone who aspires to play volleyball at the collegiate level. For most young athletes, getting successfully recruited to play in college is a daunting process. Knowledge is power - the more you know about, and understand the process the more prepared you will be to navigate through it. The author provides a wealth of insider access and advice to help you prepare for and take control of the recruitment process. I have read this book cover to cover twice, and have loaded it with notes, highlighted passages, and dog-eared pages. I consider it a guide book of sorts, and a well loved addition to our library. I believe volleyball is a up-and-coming women's sport that in many ways offers greater recruitment opportunities than other traditional women's sports (like basketball). If you are a parent of a talented young volleyball player, you owe it to them to become educated on the recruiting process so that you may help them to fulfill their dreams. Consider this book a small but in valuable investment in your prospective athlete's future.

I've read this book cover to cover...and found the info spot on and very forthcoming. This College Coach tells it like it is and gives unbiased info that every volleyball player/fan/parent/coach should know about high school, club and college volleyball. I bought a second copy as a gift!

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